

University of Pretoria Yearbook 2022

Exercise and training principles 151 (JXE 151)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	8.00
NQF Level	05
Programmes	Higher Certificate in Sports Sciences
Prerequisites	No prerequisites.
Contact time	Online hybrid supported, Sport code dependent
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Year

Module content

The main focus of this practical module is to introduce students to coaching and adjudication. Students must acquire a recognised sport coaching, refereeing and umpiring certificate in their selected sport. Students will also be introduced to fundamentals of developing a sport conditioning programme.

The regulations and rules for the degrees published here are subject to change and may be amended after the publication of this information.

The [General Academic Regulations \(G Regulations\)](#) and [General Student Rules](#) apply to all faculties and registered students of the University, as well as all prospective students who have accepted an offer of a place at the University of Pretoria. On registering for a programme, the student bears the responsibility of ensuring that they familiarise themselves with the General Academic Regulations applicable to their registration, as well as the relevant faculty-specific and programme-specific regulations and information as stipulated in the relevant yearbook. Ignorance concerning these regulations will not be accepted as an excuse for any transgression, or basis for an exception to any of the aforementioned regulations.